

# HIKE, RUN OR CLIMB THE NINE EDGES ENDURANCE 2011

The event will take place on Saturday 24th September 2011 to raise money for Edale Mountain Rescue Team. It is over some rough moorland and along gritstone edges. Some navigational ability is required. The route is on the OS Dark and White Peak Maps.

You choose, when you complete your entry form. Whether you walk, run or climb the route. Hikers and runners largely follow the same route but climbers climb a route of their choice on each of the nine gritstone edges. It is a 20 mile off road event with about 900 metres of height gain.

## Entry Fee

£20 including refreshments at various marshall points and a pint at The Robin Hood pub at the end. Transport back to Fairholmes is also included. Numbers are strictly limited by The Peak District National Park. Past experience suggests that the event will be full before the closing date of 31<sup>st</sup> August 2011. **No entries will be accepted on the day. It is not permitted to swap your entry (and entry fee) to another participant under any circumstances and we offer no refunds.**

## Sponsorship

Sponsorship is entirely optional and there is no minimum sponsorship requirement. We would be grateful if you were to raise some sponsorship money and all proceeds to Edale Mountain Rescue Team. There is a prize for the person who raises the most sponsorship money and sends it in by 31<sup>st</sup> October 2011.

## The Route

The event starts at Fairholmes (SK173894). It is a traverse from Fairholmes, over nine gritstone edges Derwent Edge, Stanage, Burbage North, Burbage South, Froggat, Curbar, Baslow Edge, Gardems and Birchens) to The Robin Hood pub near Baslow. Transport is provided back to the start. Please see below.

## The Kit

Participants must each carry the following equipment as a minimum. Kit will be checked at the start desk so please allow sufficient time for this. Random kit checks may take place and if you do not have the correct kit you will not be allowed to participate. Please bring the full kit and don't put us in the embarrassing position of having to disqualify you.

- Waterproof jacket & leg cover
- Hat & gloves
- Whistle
- Sufficient food and fluids for the duration of the event
- Map and compass suitable for navigating the course (can be shared if in a group)
- Polythene survival bag or bespoke emergency shelter

A slimmed down version of the kit may be permitted, depending on the weather forecast. This decision will be taken on the day, so please ask at the start desk.

## Change of Clothes

Runners and running climbers only. We will transport a small bag for you to the finish desk – no kitchen sinks! Please remember to collect at the finish!

### **Start Times**

Walkers/hikers & climbers can start anytime between 0730—0945.

There is a mass start at 1000 for runners. If you are a runner who decides to start BEFORE the mass start please note that the checkpoints may not be in place and thus no refreshments for you!

### **Registration**

You **must** register with the Registration Desk before starting the event. The Registration Desk will be near to the Bike Hire shop. Registration will be open from 0730 until 1000. You will be issued with your participant number, which you need to display prominently during the event and your clip card which will also state the Emergency Telephone Number.

### **Emergency Contact**

At the start of the event you will be given an emergency contact number should you need to let us know you have a) dropped out and will not be completing the event or b) you require emergency assistance during the event. It is essential that you inform an official/marshall if you retire from the event.

### **Marshalls**

There will be marshalls and refreshments at key points along the route. If you have any problems please contact one of them. You must also comply with any requests that they make of you. Edale Mountain Rescue Team will be attending the event and will be available on-call.

### **The Finish Desk**

The route finishes at The Robin Hood Pub near Baslow. It is essential that you come to the finish desk as soon as you arrive a) this will ensure you get an accurate time and b) we can keep track of who has not yet finished.

### **Results & Prize Giving**

This event is intended as a personal test of endurance for walkers and climbers. However, the event is also a fell race and so prize winners (runners only) will be announced in The Robin Hood during the afternoon. A copy of the full results can be downloaded from [www.edalemrt.co.uk](http://www.edalemrt.co.uk) shortly after the event.

### **Transport**

This event is a traverse from Fairholmes to The Robin Hood Pub. We provide free transport back to the start. It is essential that you confirm on your entry form if you will require a lift back to Fairholmes so that we can make sure we have enough bus spaces booked.

### **How to Enter**

Enter online via our website [www.edalemrt.co.uk](http://www.edalemrt.co.uk)

### **Further Details**

E: [ninedges@edalemrt.co.uk](mailto:ninedges@edalemrt.co.uk)

# THE ROUTE

## THE NINE EDGES ENDURANCE 2011

The route is not marked and the choice of routes between checkpoints is down to you. We expect that you will run or walk directly above or below each of the Nine Edges. Please use marked public footpaths and bridleways and comply with the country code at all times. Additionally, climbers must climb one route of their choice on each of the Nine Edges, at their own risk. If more than one route of any of the Edges is climbed, climbers may be disqualified due to time constraints.

| Location  | Grid Reference | Notes                 |
|---|----------------|-----------------------|
| Start Desk (by the bike hire shop)                        | SK172893       |                       |
| Mass Start (RUNNERS ONLY) (under reservoir wall)          | SK172895       |                       |
| Bradfield Gate Head                                       | SK198907       |                       |
| Moscar Lodge (by footpath from A57)                       | SK231878       | Drinks Only           |
| Upper Burbage Bridge                                      | SK260830       | Drinks & Light Snacks |
| Burbage South   | SK263806       |                       |
| Haywood Car Park (near Froggatt) <sup>1</sup>             | SK255777       | Drinks & Light Snacks |
| Curbar Gap (on footpath on Baslow Edge side) <sup>2</sup> | SK261747       |                       |
| Path/road junction near Clod Hal crossroads <sup>3</sup>  | SK276741       |                       |
| Finish Desk – Robin Hood Pub                              | SK280721       | Drinks Only           |

<sup>1</sup>Please ensure that you take a right on the footpath after The Grouse Pub to go into Haywood car park and DO NOT run straight down the road. There will be a marshall to stop you at the entry to the Frogatt footpath and they will ask you to go back the correct way to visit the checkpoint.

<sup>2</sup>Please use the bridleway from Curbar Gap to Clod Hall crossroads (via Wellington Monument SK265737). Do not run down the road.

<sup>3</sup>It is up to you how you get from Clod Hall crossroads to the finish.

HIKERS/CLIMBERS – ideally you should cross the top of Gardoms and underneath Birchens (climbers doing a route on each) before heading down to The Robin Hood pub. If you go past the camp site then you haven't really been close to Birchens Edge!

RUNNERS – you have only to get from the crossroads checkpoint to the finish point. The shortest way is up the footpath underneath Birchens and down to The Robin Hood. Note that there is NO checkpoint on top of or under Gardoms or Birchens.